

Hearing and listening your best is YOUR responsibility

A Learning Guide and Checklist for Students Grade 2 through Grade 5+

Being a student means you have many responsibilities. You need to get to school on time, pay attention in class, do your part when working in a group with others and return your homework on time. Because you wear hearing aid(s) or cochlear implant(s) you will be expected to become more responsible for your own hearing devices and listening needs. The law requires that your device(s) be checked at school so you can learn your best (even in high school!).

Student _____ Grade _____ School _____

Classroom Teacher _____ Person overseeing monitoring* _____

*educational audiologist, teacher of the deaf and hard of hearing, speech-language pathologist.

YEAR: _____ ☒ = yes ☐ = no / = did not do this today		Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
MONTH: _____	DAY										
I wore my hearing aids or CI at school today.											
I said mmm baba chch after I put each one on.											
I didn't see dirt, cracks, or wrong settings (aids/CI).											
My batteries were good today.											
I did okay on the Ling sound check (far) - <i>adult</i> .											
I did okay on the Ling sound check (far) - <i>friend</i> .											
I did okay on the Ling sound check - <i>myself</i> .											
I brought the FM microphone to every class for my teachers to use.											
I know who to tell right away if a hearing aid or my CI is not right and how to describe the problem.											
I put my FM in the battery charger at the end of the school day.											
I have extra batteries at school.											
THIS WEEK I... ☒ = Yes / = I did not think I needed to do this week ☐ = I know I should have done this but didn't											
I reminded the teacher to use the FM so I can hear my best (announcements, groups, social time).									☒	/	☐
I let my teacher know that I was having trouble hearing other students talking in class.									☒	/	☐
I asked someone to repeat what they said because I didn't hear it all (communication repair).									☒	/	☐
I was a good communication partner and repeated when someone didn't hear or understand me.									☒	/	☐
I changed my seat or closed the door so I could hear better when it was noisy.									☒	/	☐
I looked at my earmolds and cleaned them if there was earwax or they seemed dirty.									☒	/	☐
I let my family or an adult at school know that my ears hurt or my hearing seemed different.									☒	/	☐
I know what to say if another person asks me about my hearing loss, hearing aid(s) or implant(s).									☒	/	☐
I avoided loud noises that occurred this week because I know that they can damage my ears.									☒	/	☐

Karen L. Anderson, PhD, 2011